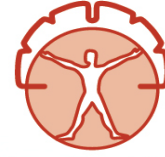




International Parkinson and  
Movement Disorder Society



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Movement Disorder Society  
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# Holistic Approach to Tremor, Chorea and Myoclonus from Phenomenology to Treatment

**14-16 November, 2025**

*Istanbul Health and Technology University,  
Beyoğlu, İstanbul – Türkiye*

**ISTUN**  
ISTANBUL HEALTH AND TECHNOLOGY  
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## MDS-ES DEVELOPING WORLD EDUCATIONAL PROGRAM (DWEPP)

**Title of Meeting:** "Holistic approach to *tremor, chorea and myoclonus* from phenomenology to treatment"

**Istanbul, Turkey**

**Date:** November 14-16, 2025

**Organizing Body:** MDS-ES and Istanbul Health and Technology University, Medical Faculty, Istanbul, Turkey.

**Course purposes:** The aim of this course is to provide an overview of common hyperkinetic movement disorders tremor, chorea and myoclonus, and to enhance the knowledge and awareness for these hyperkinetic movement disorders from diagnosis to treatment among neurology residents, general neurologists and junior movement disorders specialists.

**Learning objectives:** Upon completion of this activity, participants will be able to:

1. Learn the common presentations of different types of tremor, chorea, myoclonus and recognize the phenomenological approach to these hyperkinetic movement disorders.
2. Recognize the current definition and classification of tremor, myoclonus and chorea.
3. Focus on the differential diagnosis and the clinical & neuroimaging and electrophysiological diagnostic approach to tremor, myoclonus and chorea.
4. Establish an appropriate pharmacological/nonpharmacological treatment algorithm for the relevant hyperkinetic movement disorders.
5. Recognize the surgical interventions and recent advances in the treatment of tremor, myoclonus and chorea.

**Audience:** Residents, general neurologists, junior movement disorders neurologists, movement disorders neurosurgeons.

**Language:** English

**Number of participants:** 80

**Country:** Istanbul, Turkey.

**Venue:** Istanbul Health and Technology University, Istanbul, Turkey

**Course Directors:** Yildiz Degirmenci, MDS-ES, Kailash Bhatia

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## MDS Faculty (Alphabetical Order):

- Kailash Bhatia, University College of London, London, UK
- Miryam Carecchio, University of Padua, Padua, Italy.
- Yildiz Degirmenci, Istanbul Health and Technology University, Istanbul, Turkey
- Cristian Falup-Pecurariu, Transilvania University of Brasov, Brasov, Romania.
- Anna Latore, University College of London, London, UK.
- Francesca Magrinelli, University College of London, London, UK.
- Elena Moro, Grenoble Alpes University, Grenoble, France.
- Michele Tinazzi, University of Verona, Verona, Italy.

## Local Faculty (Alphabetical Order)

- Okan Dogu, Mersin University Medical Faculty, Mersin, Turkey.
- Bulent Elibol, Retired, Hacettepe University Medical Faculty, Ankara, Turkey.
- Murat Emre, Retired, Honorary Professor in Istanbul University Istanbul Medical Faculty, Istanbul Turkey.
- Ozge Gonul Oner, Medeniyet University, Istanbul, Turkey.
- Murat Gultekin, Kayseri Erciyes University, Kayseri, Turkey.
- Yesim Sucullu Karadag, Ankara Ministry of Health Training Hospital, Ankara, Turkey.

Day 1: Tremor; Murat Emre, Cristian Falup-Pecurariu, Yildiz Degirmenci		
08:45-09:00	Opening Session and Welcome	Murat Emre, Kailash Bhatia, Yildiz Degirmenci,
09:00-09:45	Tremor: Definition and classification	Kailash Bhatia
09:45-10:30	Genetics and neuropathology of tremor	Okan Doğu
10.30-11.15	How to examine a patient with tremor?	Kailash Bhatia
11.15-11.30	<i>Coffee-break</i>	
11.30-12:15	Differential diagnosis and diagnostic algorithm for tremor	Cristian Falup-Pecurariu
12:15-13.00	Rare tremor syndromes	Okan Dogu
13.00-14.30	<i>Lunch</i>	
14:30-15:15	Pharmacological treatment strategies in tremor	Cristian Falup-Pecurariu
15:15-16:00	Other treatment options in tremor; surgery, BoNT, and recent advances.	Yildiz Degirmenci
16.15-16.50	Video session: Audience interactive tremor cases	Kailash Bhatia
16.50-17.00	Day 1 Closing remarks	Murat Emre, Yildiz Degirmenci
19.30	Opening ceremony	



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Day 2: Chorea; Elena Moro, Murat Emre, Yildiz Degirmenci		
09:00-09:45	Chorea; Phenomenology, definition and classification	Bulent Elibol
09:45-10:15	Genetics and neuropathology of chorea	Francesca Magrinelli
10:15-11:00	Diagnostic approach with differential diagnosis in chorea.	Miryam Carecchio
11:00-11.15	<i>Coffee-break</i>	
11.15-12.00	Algorithmic approach 'acquired' causes of chorea	Murat Gultekin
12.00-12.45	An update on Huntington' s disease	Francesca Magrinelli
12.45-14.15	<i>Lunch</i>	
14.15-15.00	Paroxysmal choreiform movement disorders	Michele Tinazzi
15.00-15.45	Management of chorea; pharmacological, non-pharmacological and surgical strategies.	Yesim Sucullu Karadag
15.45-16.00	Day 2 Closing remarks	Kailash Bhatia, Yildiz Degirmenci
20.00	Faculty Dinner	

Day 3: Myoclonus; Bulent Elibol, Anna Latore, Yildiz Degirmenci		
09:00-09:45	Definition and classification of myoclonus	Bulent Elibol
09:45-10:15	Clinical approach to myoclonus	Yildiz Degirmenci
10.15-10.30	<i>Coffee-break</i>	
10.30-11.15	Electrophysiology and laboratory investigations in myoclonus	Anna Latore
11.15-12.00	Differential diagnosis/ mimickers of myoclonus	Anna Latore
12.00-13.30	<i>Lunch</i>	
13.30-14.15	Pharmacological and surgical treatment strategies in myoclonus & myoclonus syndromes with recent advances	Ozge Gonul Oner
14.15-14.30	Course summary and closing remarks.	Kailash Bhatia, Yildiz Degirmenci, Elena Moro