

UEMS/ EBN BOARD SINAVI TÜRKİYE KATILIMI



Union of European Medical Specialist/ Neurology tarafından ilki geçen yıl yapılan EBN (Avrupa Nöroloji Board Sınavı) na bu yıl Avrupa Birliği Üyesi ülkeler dışında, Türk Nöroloji Derneğinin Avrupa Nöroloji Board sınavı sürecindeki katkıları dikkate alınarak yalnızca Türkiye'den adayların girmesine olanak tanındı. Bu sınava girecek Türk Nöroloji Board Sınavında derece alan adayları destekleme kararı almış olan Türk Nöroloji Derneği Yönetim Kurulu, adayların sınav giderleri ve kongre sponsorluklarını üstlenme kararı aldı.

EFNS Kongresi sırasında 24 Eylül 2010 da Cenevre'de yapılan bu sınava girmek için Avrupa ülkeleri ve Türkiye'den toplam 39 başvuru yapıldı. Nöroloji eğitim müfredatı ve eğitim süre ve merkez kriterleri uygun bulunan 23 adayın sınava girmesi kabul edildi. Türkiye'den Türk Nöroloji Derneği aracılığı ile başvuran 8 adayın tümü sınava uygun bulundu. Teknik ekip olarak, Türk Nöroloji Board sınavının da teknik desteğini sağlayan Ege Üniveristesi Tıp Eğitimi AD' ından Ayhan Çalışkan ve Avrupa Board Sınav Komitesi üyeleri gözetiminde üç aşamalı yapılan sınavın ilk aşaması 120 çoktan seçmeli sorudan oluşan yazılı sınavdı. Bu sınavda 8 adayımızdan altısı başarılı oldu. Diğer ülkelerden başarılı olan 6 adayla birlikte sınavın ikinci aşaması olan sözlü sınav ve üçüncü aşama prezentasyonda başarılı olan adaylarımız, sınav jürisini bilgi ve sunum yetenekleri ile oldukça etkilediler. Sınav sonunda yapılan bir törenle sertifikalarını alan adaylarımız ülkemiz nörolojisi için gurur verici bir başarıya imza attılar.

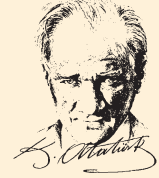
Doç. Dr. Şerefur Öztürk

Nöroloji Board Kurulu Başkanı

UEMS/EBN Exam Comitte üyesi



Beni Türk Hekimlerine
emanet ediniz.



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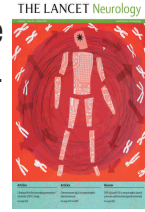
Devamı : 3. sayfada

AVRUPA BOARD SINAVINA KATILARAK BİZİ BAŞARI İLE TEMSİL EDEN ADAYLARIMIZ :

1. Dr. Gül Yalçın Çakmaklı
2. Dr. Barış Metin
3. Dr. Ayşegül
4. Dr. Melike Yıldırım
5. Dr. Pınar Bektik Şirinocak
6. Dr. Meral Seferoğlu
7. Dr. Pınar Kahraman Koytak
8. Dr. Serpil Yıldız



LANCET NEUROLOGY Dergisi Profil Bölümünde Prof. Dr. Murat EMRE'ye yer verdi.



Profile

Murat Emre: bringing it all back home



The young Murat Emre had a plan: to learn everything he could about the brain, to apply that knowledge clinically for the good of mankind, and to serve his country. Emre is founder and chair of the Behavioural Neurology and Movement Disorders Unit at Istanbul University, Turkey, and an internationally renowned leader in his field. It is safe to say his plan was a success.

So how was the plan formed? Emre grew up in the largely agricultural town of Eregli, in central Turkey, the son of a self-employed businessman. However, his father's interest stretched far beyond business. He loved literature, poetry, and especially the movies, says Emre: "He built two movie theatres in our small town...One of the theatres was open-air and our house was next to it, so I would sit on the balcony and watch the movies." His father also had a strong passion for medicine: "He wanted to study medicine, but didn't have the chance." When Emre was just 12 years old, his father died—too young, says Emre, for his father's passion to influence his own career choice. That said, two of Emre's older brothers are also doctors, and the other is an engineer. Wherever the scientific influence came from in Emre's family, it was strong.

The decision to study medicine was never in question; nor was the decision to focus on the brain. "I was fascinated with the brain", says Emre. So much so that at the age of 15 Emre began some experiments. He formed the hypothesis that memories were dependent on the fact that brain cells do not divide. With the help of a university professor, Emre attempted to induce rats' brain cells to divide with a carcinogen, to see if the rats would forget a learned route through a maze. "Rather naive in retrospect", says Emre, but still not your average high-school student experiment.

But then Emre was not an average student. He graduated from Istanbul University Medical School at the top of his class, and was offered residency positions in every department. He decided instead, however, to do his military service, which is obligatory in Turkey. "You can postpone it until a certain age", he explains, "but I wanted to get it out of the way." Always thinking of the bigger plan, Emre spent his free time in the military applying to research institutes, and was offered a scholarship at Zurich University, Switzerland.

Emre joined the neurophysiology department with the idea that he wanted to learn the fundamentals of neuron biology. However, after a year studying the synapses of Mauthner neurons in the tench, he realised he was suited to a broader perspective. He moved fields to train in clinical neurology, later becoming involved in clinical research and drug discovery.

"New molecules were being discovered, [such as] dopamine agonists, and we were testing them", says Emre. "Also in those years...the prospect of a first medication for Alzheimer's became available. They were exciting times." Emre's interest in Parkinson's disease and Alzheimer's disease was piqued, and he decided, somewhat ambitiously, to focus on both.

To get the best training, Emre went to the best people: first to David Marsden—"the best in movement disorders"—at the National Hospital for Neurology and Neurosurgery, Queen's Square, London, UK, and then to Marsel Mesulam—"the best person in the field of dementia"—when he was at Harvard University, Boston, MA, USA. Both placements were "very conscious decisions", says Emre, true to form.

Having picked the prize fruits of global research and academia, it was time for Emre to return to Istanbul. "I decided to come back for two reasons: the first was egoistic, the second was idealistic", says Emre. "Egoistic, in that I always felt I would be more comfortable at home. Idealistic in that I thought, well I've tried to do something for the world; now I can try and do something for my country."

Setting up the Behavioural Neurology and Movement Disorders Unit at Istanbul University is one of Emre's proudest achievements. "The same academic achievements in Switzerland, or the UK or USA would also be valuable", says Emre, "but doing it from here is more valuable, with the less developed infrastructure, with all the difficulties we have to struggle with."

He has every right to be proud. From his department, Emre has led research that contributed substantially to the notion that Parkinson's disease dementia is a separate condition (it had been thought that the dementia might be concurrent Alzheimer's disease). He also led the first drug trial for the specific treatment of Parkinson's disease dementia. The results of a trial with a second drug, memantine, are published in this issue.

Emre's career plan has clearly been a resounding success, but has he ever wavered in his commitment? "I sometimes have bad days, especially when I see a few patients one after the other who are in bad shape who I can't help much", he says. But, he adds, these bad days and difficult patients are his motivating force for continuing with research: "I always had two main motivations in medicine: one is to understand how things work, the second is to help. The beauty of medicine is that you can combine both."

Ruth Williams

HABER



4. Yeterlik Kursu 1-5 Eylül 2010

tarihlerinde Ankara'da Crown Plaza'da
120 katılımcı ile gerçekleşti.

Nörolojinin başlıca konuları 33 konuşmacı tarafından gözden geçirildi.



HABER



DÜNYA NÖROMÜSKÜLER HASTALIKLAR KONGRESİ

Dört yılda bir yapılan ve onbirincisi 2006'da ülkemizde yapılmış olan Uluslararası Nöromusküler Hastalıklar Kongresi (XII. International Congress on Neuromuscular Diseases – ICNMD) 17-22 Temmuz 2010'da Napoli-İtalya'da yapıldı. Kongre sırasında 2. gün süre ile, bir hasta birliği olan Dünya Nöromüs-küler Hastalıklar Dernekleri Birliği (World Alliance of Neuromuscular Diseases Associations – WANDA) toplantısı da paralel olarak yapıldı.

Kongre 20 ana konferans, 28 sempozyum, 10 interaktif uzmanla tartışma toplantısından oluşuyordu. Toplantı konuları motor nöron hastalıkları, periferik sinir hastalıkları, nöromusküler kavşak hastalıkları ve kas hastalıklarını içermekle birlikte genel ve geleneksel olarak kas hastalıkları lehine bir denge göstermekteydi. Kongre öncesi bir tam gün nöromusküler hastalıklar kursuna ayrılmıştı.

Toplantıdaki çalışmaların çoğu halen nöromusküler hastalıkların tanı ve izlemine aitti. Glikojenin-1 eksikliği gibi yeni hastalıkların tanımlanmış olması, yeni bulunan hastalık genleri, disferlinopatide mezangioblast çalışmaları, Duchenne müsküler distrofide yeni başlayacak olan ekzon 51 ekzon-atlama ve yeniden başlayacak olan PTC-124 tedavisinden beklenenler öne çıkan konulardı. Miyopatilerde genotip-fenotip korelasyonları, myasthenia gravis, konjenital myastenik sendrom alt tipleri, spinal müsküler atrofi, amiyotrofik lateral skleroz ve periferik nöropatilerin tanı ve tedavisine değişik yönlerden yaklaşımlar, değişik hayvan modelleri de tartışılan konular arasındaydı.

Kongrenin iki gününü alan WANDA toplantısında değişik ülkelerin Kas Hastalıkları Derneklerinden temsilciler ülkelerindeki hasta örgütlenmeleri konusunda bildiriler sundular, yeni gelişmeler konusunda uzmanları dinleyip onlarla tartıştılar ve aralarında işbirliği geliştirmeye çalıştılar.

Yaklaşık 1000 katılımcının kayıtlı olduğu kongrede ülkemiz, İstanbul Üniversitesinden bir sempozyum konuşması, İstanbul, Hacettepe, Ege, Çukurova ve Selçuk Üniversitelerinden toplam 8 bildiri ile toplantıya katkıda bulundu. Yurt dışında çalışmalarını sürdüren iki Türk çalışmacı ve Türkiye Kas Hastalıkları Derneği'nden bir temsilci de katılımcılar arasındaydı.

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EFNS EUROPEAN FEDERATION OF NEUROLOGICAL SOCIETIES

The presentation

Activation of receptor for advanced glycation end product (RAGE) and nuclear factor kappa-B (NF-κB) in vasculitic neuropathy and axonal/demyelinating neuropathy

by

Ebru Bekircan

Ankara, Turkey

presented at the

14th Congress of the European Federation of Neurological Societies

Geneva, Switzerland, 25-28 September 2010 is assigned the

Investigator Award 2010 Neuropathies

consisting of 500.-

Richard Hughes

Professor of Neurology

President of the EFNS



2010

ULUSAL KONGRELER

- I. **46. Ulusal Nöroloji Kongresi**
4-9 Aralık 2010, Rixos Sungate Hotel, ANTALYA



2011

- II. **II. Ulusal Baş ağrısı Sempozyumu**
23-27 Şubat 2011,
Kaya Artemis Otel, Gazi Magosa - K.K.T.C.
www.basagrisi2011.org



- III. **6. Uludağ Nöroloji Günleri**
10-13 Mart 2011,
Karinna Otel - ULUDAĞ
www.uludagnoroloji.org



- IV. **27. Ulusal Klinik Nörofizyoloji EEG-EMG Kongresi**
27 Nisan - 1 Mayıs 2011,
Hilton Dalaman Resort, Sarıgerme - MUĞLA



2010

ULUSLARARASI KONGRELER

- I. **29th International Congress of Clinical Neurophysiology (ICCN)**
October 28 to November 2, 2010
Kobe, JAPAN
www.iccn2010kobe.com



- II. **64th Annual Meeting of the American Epilepsy Society**
December 3-7, 2010
San Antonio / TX / USA
e-mail: csluboski@aesnet.org

2011

ULUSLARARASI KONGRELER

- I. **ENS 2011 Twenty-first Meeting of the Euro-pean Neurological Society**
May 28 - 31, 2011
Lisbon, Portugal



- II. **15th Congress of the INTERNATIONAL HEADACHE SOCIETY**
June 23-26, 2011
Berlin, Germany
www.kenes.com/ihc2011



- III. **29th International Epilepsy Congress**
August 28 to September 1
2011, Rome - Italy



- IV. **EFNS 15th European Federation of Neurological Societies**
September 10 - 13, 2011
Budapest, Hungary



- V. **Parkinson's Disease and Related Disorders**
December 11-14, 2011
Shanghai, China



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